



American *Holistic Nurses* Association

Press Release

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FOR IMMEDIATE RELEASE

NANDA-I Vote Approves *Imbalanced Energy Field* Nursing Diagnosis

The North American Nursing Diagnosis Association – International (NANDA-I) membership has approved a rephrased “Imbalanced Energy Field” nursing diagnosis. Previously known as “Disrupted Energy Field,” the original diagnosis has been updated and will be republished in the NANDA-I, Nursing Diagnoses: Definitions and Classification under its new name. The AHNA was instrumental in providing supporting evidence to rephrase and retain this diagnosis for nurses to use globally.

The AHNA NANDA-I Energy Task force, chaired by Noreen Frisch, PhD, RN, FNI, FAAN, conducted a research study on Energy-Field diagnoses used by registered nurses, surveying more than 400 nurses throughout the United States. Over the course of a year, the Task Force members prepared a concept paper on the “Imbalanced Energy Field”, then used the survey results and a collection of research findings to support the nursing diagnosis and better align the definition with NANDA-I guidelines. Originally submitted to the Diagnosis Development Committee (DDC) and approved, the updated definition was submitted to the NANDA-I in February 2016 for review and the recent vote.

AHNA would like to acknowledge all that were involved in this process, especially Noreen Frisch, PhD, RN, FNI, FAAN of Canada who chaired the Task Force and the other Task Force members Howard K. Butcher, PhD, RN of Iowa, Ann Fuller, MSN-ED, CRT, AHN-BC, HSMI, CHT of Florida, Deborah Shields, PhD, RN, CCRN, QTTT, AHN-BC of Ohio and Marci Resicoff, BSN, BA, RN, HNB-BC of New York. AHNA also acknowledges the contributors, Dickon Weir-Hughes, DSc (Hons), MA, BScN, RN, FRSPH, FNI of United Kingdom, Diana Campbell, MA, BSN, RN of Canada and T. Heather Herdman, PhD, RN, FNI of Wisconsin.

Read about their journey [here](#)

About NANDA-I

The mission of NANDA-I is to facilitate the development, refinement, dissemination and use of standardized nursing diagnostic terminology. NANDA-I:

- Provides the world's leading evidence-based nursing diagnoses for use in practice and to determine interventions and outcomes

- Contributes to patient safety through the integration of evidence-based terminology into clinical practice and clinical decision-making
- Funds research through the NANDA Foundation
- Is a supportive and energetic global network of nurses who are committed to improving the quality of nursing care and improvement of patient safety through evidence-based practice

About AHNA

At its founding in 1981, the American Holistic Nurses Association (AHNA) adopted as its primary mission the advancement of holistic healthcare by increasing awareness and promoting education as well as personal community-building among nurses, other healthcare professionals and the public. This professional specialty nursing membership organization is becoming the definitive voice for holistic nursing for registered nurses and other holistic healthcare professionals around the world. Holistic nursing focuses on integrating traditional, complementary and integrative treatment opportunities to improve the physical, mental, emotional and relational health of the whole person.

AHNA delivers valuable resources, improves educational tools, and offers superior networking opportunities to a vibrant and expanding universe of healthcare professionals. AHNA currently services almost 4,500 members through 130 local chapters/networks in the U.S. and abroad.

Holistic nursing is recognized by the American Nurses Association as an official nursing specialty with both a defined scope and standards of practice.

To learn more, please visit www.ahna.org

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